



# Perris Elementary School District

Emergency Services and Mental Health Resources

## Crisis Hotlines

If you need immediate help, please call **911**

### National Suicide Prevention Hotline

**800-273-8255 or TEXT 741741**

The Lifeline is available for everyone, is free, and confidential. You will be connected to a skilled, trained counselor at a crisis center in your area, anytime 24/7.

### HELpline Riverside County 24hrs

**951-686-4357**

<https://www.rcdmh.org/Directors-Message>

Connects families to resources - 24 hours a day, 7 days a week. Receive help in more than 120 languages.

### Operation SafeHouse

**951-351-4418**

<https://operationsafehouse.org/>

9685 Hayes Street, Riverside, CA 92503

Provides Emergency Shelter, Intervention and outreach services to Youth in Crisis.

### California Youth Crisis Line 24hr

**Call or Text 800-843-5200**

The California Youth Crisis Line (CYCL) operates 24 hours a day, seven days a week as the statewide emergency response system for youth (ages 12-24) and families in crisis.

### CONTACT Helpline

**Emotional Listening Support Service**

**800-932-4616**

<http://www.contacthelpline.org/emotional-listening-support>

Provides emotional support.

### Rainbow Pride Youth Alliance

**909- 213-2550**

[RPYA \(rainbowprideyouthalliance.org\)](http://rainbowprideyouthalliance.org)

Support organization for LGTBQ, Intersex, and questioning youth (ages 13-20 years old), their families and their friends.

### Trevor Line for LGBTQIA+ Youth

**1.86-488-7386**

Counselors available to support you 24/7.

Assist with nationwide resources.

### Institute on Aging

#### Senior Citizen Friendship Line

**800-971-0016**

24-hour talkline - for people aged 60 years and older, and adults living with disabilities. Both a crisis intervention hotline and a warmline for non-emergency emotional support calls.

### Riverside County Crisis and Suicide Helpline

**951-686-4357**

HELpline is a free, confidential Crisis/Suicide Intervention service. 24-hours a day, seven days a week.

### Peer-Run Warm Line

**855-845-7415 (24/7)**

[The Warmline](#)

## Riverside County Children's Service/Child Abuse Reporting Line

**800-442-4918 (24/7)**

Call to be connected with a trained staff member in your area.

## Riverside University Health System Medical Center Emergency Treatment Services (ETS)

9990 County Farm Road, Ste. 4, Riverside, CA 92503

**951-358-4881**

Provides psychiatric emergency services 24 hours a day, 7 days a week for all ages; includes evaluation, crisis intervention, and referrals for psychiatric hospitalization.

## RAINN-National Sexual Assault Hotline

**1-800-656-4673**

<https://www.rainn.org/about-national-sexual-assault-telephone-hotline>

Sexual assault/harassment support, assistance, and advice.

## National Domestic Violence Hotline

**1-800-799-7233**

<https://ncadv.org/get-help>

Relationship-based/domestic violence support, advice, and connections to a safe place

## 24/7 Mental Health Urgent Care

**Perris:** 85 Ramona Expressway, Suites 1-3 Perris, CA 92571

**951-349-4195**

**Riverside:** 9890 County Farm Rd. Building 2  
Riverside, CA 92503

**951- 509-2499**

**Palm Springs:** 2500 N Palm Canyon Dr. Suite # A4  
Palm Springs, CA 92262

**442-268-7000**

Provides 24 hour/7 days/365 urgent care mental health screening and assessment services.

## Disaster Distress Helpline:

**1800-985-5990**

**TTY: 800-846-8517**

**Text Line: TalkWithUs to 66746 (24/7)**

Provides 24/7, 365 day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human caused disasters.

# Behavioral/Emotional Support

## CareSolace

PESD CareSolace

<https://caresolace.com/site/perrised/>

## Riverside University Behavioral Health

**951-715-5040**

<https://www.rcdmh.org/Crisis-Resources/County-Mental-Health-Triage-Services>

Riverside County Mental Health  
Triage Services

## National Parent Helpline

**855-4A PARENT (855-427-2736)**

**LINK:**

<https://www.nationalparenthelpline.org/>

Emotional support from trained advocates.

Monday 10:00 am PST to 7:00 PM PST

## Connect IE

**CALL 2-1-1**

[Connect IE](#)