



# PEACE OF MIND

MAY BE JUST A PHONE CALL AWAY.

Get medical advice when you need it.

**Sometimes it's difficult to know what type of medical care you need. That's why we have telephone advice nurses available to help you.**

Our advice nurses are registered nurses who are specially trained to help assess medical problems and provide advice over the phone, when medically appropriate. They can often resolve a minor concern or advise you on what to do next, including making a same-day or next-day appointment.

We believe your concerns shouldn't go unanswered. Call our telephone advice nurses anytime you need advice, 24 hours a day.

**To reach an advice nurse**, call one of the following appointment and advice numbers in your area, Monday through Friday, 7 a.m. to 7 p.m. For after-hours care, call **1-888-KPONCALL (1-888-576-6225)**.

Anaheim Medical Center	<b>1-888-988-2800</b>
Antelope Valley area	<b>1-877-554-4404</b>
Baldwin Park Medical Center	<b>1-800-780-1277</b>
Coachella Valley area	<b>1-866-984-7483</b>
Downey Medical Center	<b>1-800-823-4040</b>
Fontana Medical Center	<b>1-888-750-0036</b>
Irvine Medical Center	<b>1-888-988-2800</b>
Kern County area	<b>661-328-9831</b>
Los Angeles Medical Center	<b>1-800-954-8000</b>
Moreno Valley area	<b>1-866-984-7483</b>
Ontario Medical Center	<b>1-888-750-0036</b>
Otay Mesa Outpatient Medical Center	<b>1-800-290-5000</b>
Panorama City Medical Center	<b>1-888-778-5000</b>
Riverside Medical Center	<b>1-866-984-7483</b>
San Diego Medical Center	<b>1-800-290-5000</b>
South Bay Medical Center	<b>1-800-780-1230</b>
West Los Angeles Medical Center	<b>1-800-954-8000</b>
Western Ventura County area	<b>1-888-515-3500</b>
Woodland Hills Medical Center	<b>1-888-515-3500</b>
TTY for the hearing/speech impaired	<b>1-888-880-0833</b>

[kp.org](http://kp.org)