



LARRY'S TIDBITS

MARCH
2024

Welcome to Larry's Tidbits!
Join us every month for menu
updates, nutrition nuggets,
wellness tips and more.



#NSBW24

SURF'S UP WITH

NATIONAL SCHOOL BREAKFAST WEEK

Celebrates the importance
of a nutritious school breakfast
in fueling students for success.
This special observance during the first
week of March celebrates the national
School Breakfast Program and the many
ways it gives kids a
great start every day.

Eat School Breakfast every day in the
month of March for a chance to
WIN gift cards and other prizes.

The school with the highest
participation will WIN a
MINI FARMERS MARKET
for the entire school.

this month

3/2 READ ACROSS AMERICA & DR. SEUSS DAY

On March 2nd, we celebrate Read
Across America Day and the birthday of
Dr. Seuss. The annual event is part of an
initiative on reading created by the
National Education Association.



3/8 INTERNATIONAL WOMEN'S DAY

This day honors women and promotes
women's rights. It takes place every
year on March 8. International Women's
Day dates back to 1911, when many
women were fighting for the right to
vote. The United Nations (UN) began
sponsoring the day in 1975.



3/23 NATIONAL CHIP & DIP DAY

This March 23 holiday celebrates
America's favorite snack duet. If you're
holding a party, it is almost certain that
chips and dip are on the snack list.



Why was the cucumber upset?
Because it was in a PICKLE!

a little laugh



WE'RE ALL
A LITTLE
IRISH
TODAY

DON'T MISS THE GREENEST
MENU IN TOWN ON
MARCH 15TH THIS YEAR!

Rolled Edge Pepperoni Pizza
Crisp GREEN Salad, Broccoli, Sliced Jalapeños
Fresh Kiwi and a Lucky Leprechaun Cookie



HIRING SUBSTITUTES

- Training Provided
- Work while children
are in school
- Weekends, Holidays
and Summers OFF

EDJOIN.ORG

PRODUCE
spotlight



WHAT DO FRUITS & VEGETABLES HELP WITH?

- Promote good health and protect
against disease, both now and in the
future.
- To ensure the child's healthy growth
and development.
- Strengthen a child's immune system
and help fight illnesses. There is strong
evidence to show that the nutrients
found in fruits and vegetables can
prevent chronic diseases such as
cardiovascular diseases.
- The high-fiber content can aid in the
proper function of the digestive system
and prevent constipation.